



Spring 2023



# the Stethoscope

A newsletter of the Frederick Health Auxiliary and Volunteer Program  
400 West 7th Street Frederick, MD 21701

Volunteer office: 240-566-3567 - Website: [www.frederickhealth.org](http://www.frederickhealth.org)  
Stethoscope website: <https://www.frederickhealth.org/About/Volunteering/Newsletter.aspx>

## Auxiliary President's Letter

Harriet Brown

Happy Spring!!!! I hope everyone is enjoying this beautiful, warm weather!! You all deserve it!

I am excited to announce that we will have our general membership meeting and luncheon on Thursday, June 22 at Ceresville Mansion beginning at 11:30 AM. This meeting and luncheon is open to all ACTIVE volunteers and past presidents. To be considered as active, you will have to have worked at least 24 hours by May 1. A sign-up genius will be sent out by email to all active volunteers and past presidents on May 11 for you to sign up and make your meal selection; the deadline to sign up is June 1. We have not had this meeting and luncheon since June 2019, so I hope you take advantage to get together and celebrate all you have done for the auxiliary and Frederick Health.



Our recruitment video is now complete. The students at the Career and Technology Center, under the guidance of Adam Frank, instructor in the videography department, did a wonderful job!! A special thanks to all the volunteers who agreed to be interviewed but there was not room to include everyone in our three-minute time frame. If you want to view the video, Sharon has a copy on the office laptop for your viewing pleasure!!!

During the first three months of this year, you volunteered 11,912 hours which is 3,000 more than this time last year. Your dedication and hard work are to be commended!!!! Do you ever wonder why volunteers are always smiling? Maybe it has something to do with this quote a friend shared with me: "Remember that the happiest people are not those getting more, but those giving more." (H. Jackson Brown, Jr)

I cannot thank you enough for what you contribute to Frederick Health and our community!!!! I hope to see many of you at the luncheon in June!!





Dear Friends,

I hope that this letter finds you well and that you're enjoying the warmer months. I have always enjoyed this time of the year as it reminds me of growth, new beginnings, and optimism about the future. With that in mind, I'd like to tell you about recent developments within our organization.

I am pleased to announce that construction efforts on our newest location – Frederick Health Brunswick – are proceeding on schedule. The targeted opening for this location is late summer or early fall. This new state-of-the-art facility will offer Primary Care, Urgent Care, Lab Services, Imaging, Physical Therapy & Sports Rehab. Brunswick is one of the fastest-growing areas of Frederick County, and we remain committed to investing in our community. As Frederick County continues to grow and expand, Frederick Health will continue to increase and enhance our services.

Caring for this growing community is a calling. As the past three years have proven, few professions are as essential as healthcare workers. Every May, our organization takes time to celebrate the incredible work of our team. This year, those celebrations were held from May 7th – 13th. There were festivities, unique gifts, fun events, and random large prize giveaways. These events were held at both the hospital and our several ambulatory sites. Taking the time to show appreciation for our valued team members is vitally important.

As of caring for a growing Frederick County, we are making it easy for families and newborns to get the support they need as part of our mission to positively impact the well-being of every individual in our community. To further that goal, Frederick Health has partnered with the Frederick County government, local stakeholders, and advisory councils to develop an innovative and personalized program for the newest members of our community and their families. This program is called Frederick Health Family Connects Frederick County. It offers support by providing each family with a 90-minute in-person visit, usually about three weeks after the baby has arrived home. During the visit, a registered nurse will conduct a health and well-being assessment for both the baby and the parents. Additionally, the nurse will provide resources tailored to the family's specific needs, including lactation, nutrition, childcare, and answer any other questions. Since this program launched in January 2023, over 600 families have taken advantage of this free service.

In conclusion, the work of our Auxiliary has always meant so much to me personally and professionally. You play such an important part in our success and with your tireless dedication, we are the trusted, award-winning source of care for this community. We are our best when we work together. On behalf of the entire Senior Leadership team, thank you for all you do.

Kind regards,

A handwritten signature in black ink that reads 'Thomas A. Kleinhanzl'.

Tom Kleinhanzl  
President & CEO  
Frederick Health



Director’s Letter

Sharon Hannaby

National Volunteer Week (April 16-22) was a great time for us to celebrate all that you do for Frederick Health every day. Whether you sort and tag at the thrift shop, discharge patients, make visitor badges, serve customers in the gift shop or thrift shop, assist staff and/or patients in a department, etc. please know you are appreciated – not just during National Volunteer Week but all year long.

Some of our volunteers recently took part in a lunch and learn presented by staff of Oasis Senior Living. Those who attended, myself included, were amazed by things we didn’t know related to services available for seniors in our community. We plan to have this group return to do this presentation again for those of you who missed it.

We are still very much in need of volunteers. The number one reason given for why people began volunteering is simple – someone asked them to help. Please help recruit by asking your friends, family members, and neighbors if they have a few hours per week to spare. If you belong to a group that may like a speaker regarding the volunteer program, please let us know.

Always!!



VOLUNTEER HOUR AWARDS



500 Hours Bar - Linda Gery, Clyde Finley, Wendy Plank, Linda R Bennett, Lesley McTaggart, Wendy Mopsik

1,000 Hours Bar - Nancy Fowler, J Leslie Nuse

2,000 Hours Bar - Mamie Springer, Barbara Shealer

5,000 Hours Bar - Sharll Hane

14,000 Hours Bar - Merilynn Moser, Coralinn Kuehl

3,000 Hours Bar - Elizabeth Brady

6,000 Hours Bar - Rose Marie Meyers

21,000 Hours Bar - Phil Smith



FASHION SHOW

SAVE THE DATE!!!

The Auxiliary Fashion Show  
October 23, 2023  
Stay Tuned!

## All About Fundraising

Joe Collins

We are happy to announce that after months of working with many hospital departments we can now have fundraising events at the Frederick Health Village. We had the first fundraiser at The Village on Wednesday April 26th with Collective Goods being the first vendor to test the sales waters. The sale was held in the beautiful Atrium of the Village and we hope it was the first of many sales.

We have an active summer of vendor sales planned with Collective Goods getting the ball rolling with a three-day sale on April 26th, 27th and 28th. The first day is at The Village with the other two days in the hospital cafeteria. Payroll deduction is available for the sale.

A new vendor, Silver Events, will hold its first sale on June 1st and 2nd in the hospital cafeteria with Mindys Jewels returning for a one-day sale on July 13th also in the cafeteria. The summer season will conclude with Collective Goods returning on August 24th and 25th followed by D&D Jewelry Designs on September 21st and 22nd. Both sales will be in the hospital cafeteria and all of the sales will have payroll deduction.

The results of the April 26th sale at The Village will determine the future of other sales at that location, so keep tuned for possible additional sales at The Village and adjustments to the fundraising sales schedule. We are keeping our fingers crossed!

The vendor sales having payroll deduction need Volunteers to work the sales and complete the sale transactions that use payroll deduction. Shifts are 2 1/2 to 3 hours and provide a great opportunity for volunteers to meet and interact with the hospital's great staff, while helping to raise money for the Auxiliary. Volunteers also have the first opportunity to purchase some great merchandise.

Vendor sales are very popular with the hospital staff and provide the staff with the opportunity to purchase a wide variety of merchandise and gifts without leaving the hospital. Please join our great fundraising team, meet new people, mingle with the staff and earn a few additional service hours in a friendly environment.

I want to thank those great volunteers who have worked our prior sales and who will work the upcoming sales for the remainder of 2023. Without your continued support and dedication, we couldn't continue the fundraising program and the benefits it brings to the hospital staff and the funds that it generates for the Auxiliary.



## NEWS FROM THE MEMBERSHIP COMMITTEE

Welcome to our new members of the Auxiliary, who joined between January and April 2023. We are very happy to have you. Keep Spreading the Word.

Erik Anderson \* Kelcie Foss \* Annie Hughes \* Paul Kelly \* Russell Tolle \* Janet Torbit \* Sharon Vay

## AUXILIARY DUES FOR PERIOD OF JULY 1, 2023 TO JUNE 30, 2024

Annual dues are \$10 per volunteer, due by August 1, 2023. Checks are preferred. Do not mail cash. Make checks payable to: Frederick Health Auxiliary. Send payment to:

Attn: Kathy Soria  
 Volunteer Office, Frederick Health Hospital  
 400 West 7th Street, Frederick, MD 21701

Select Seconds

Pam Schaffert, Co-Manager

Spring is here!

After a successful “bag sale” the store has been completely restocked with spring and summer merchandise. Our store displays will provide lots of ideas for your wardrobe and your home. There is so much to choose from, and as you know, we get some very unique items you will not find elsewhere. Stop by and see us!

**THANK YOU!** A big thanks to our volunteers who prepared for, worked the day of, and restocked and cleaned the store after the bag sale. We could not have done it without you!

**PRICING POSITION OPEN:** We are currently looking to replace our lead pricer for the housewares table. This position requires a commitment to work Monday mornings at the shop. Previous experience is helpful, but not required. Training will be provided. If you are interested, please contact the Volunteer Office.

**STORE HOURS:** Mon-Fri 10am-4pm and Sat 11am-4pm; we are also open on First Saturdays until 8pm.

For the latest on Select Seconds, follow us on our Facebook page @SelectSeconds.



Volunteer Snapshot



Photos (top) - Volunteers at Select Seconds; Photo (Bottom Left) - Volunteers at Gift Shops; Photo (Bottom Right) - Lunch Bunch at Ragin’ Reef. Photo Contributors - Ellen Noland, Pam Schaffert, and Hongwei Xu

**Volunteer of the Month**

**Ellen Noland**



February Volunteer of the Month was Nancy Davis. Nancy started volunteering in January 2019 and volunteers at Select Seconds and Wings.



March Volunteer of the Month was Thomas Janas. Thomas started volunteering on May 2022 and volunteers in the Emergency Department.

**How Volunteer of the Month Is Chosen**

Quite simply, it's the luck of the draw. Most months we run a report at the end of the month of all the volunteers who worked that month, and then we pick a page and a random number and count the names down to that volunteer. During the months when we have a Lunch Bunch Luncheon, the Volunteer of the Month is chosen from the attendance. Volunteers who attend the luncheon puts their name in a bowl. A name is drawn and that volunteer receives a free lunch and is the Volunteer of the Month.



The volunteer of the Month receives a mug and a gift certificate to either the Hospital Gift Shop or Select Seconds.

**The Scholarship Committee**

**Donna Tisdale**

The Scholarship Committee met on March 29, 2023 to review and select the applicants that were submitted this year. This year we received nine applications, but one was unanimously considered ineligible by the Committee because the application was not completed. The committee members all agreed to award five scholarships this year. The letters were sent out on March 31, 2023, notifying all of the applicants of the decision of the Committee. The five scholarships are going to the following: Reuben Puthumana and Anelle LeGuellec who both won the President's Award for \$4,500; Seraphim Kozlov, Madison Warren and Sania Yanpallewar who were awarded \$2,000 each. Yes, we had two applicants who were awarded the President's Scholarship because all members of the Committee could not decide between the two.

The Awards Presentation was held on April 19<sup>th</sup> at 6:00 p.m. at the Frederick Health Village.

The Scholarship Committee is comprised of the following members of the Auxiliary: Darlene Aulls, Harriet Brown, Barbara Poffenbarger, Mary Jones, Wendy Mopsik, Patricia Ray, Anne Truffer, John Tisdale, Madonna Vitarello, and Chairman Donna Tisdale.



# Slate of Proposed Officers

Ellen Noland

The Nominating committee proposes the following slate of nominees for the open Frederick Health Auxiliary offices for the period of July 1, 2023 through June 30, 2025. These nominees will be voted on at the election to be held at the **Auxiliary Annual Meeting on June 22, 2023.**

Proposed Slate of Officers:

**1st Vice President:** Joseph Collins - Joseph currently serves as the 1st Vice President

**Membership Secretary:** Kathy Soria - Kathy currently serves as the Membership Secretary

**Recording Secretary:** Peggy Rosenbluth - Peggy currently serves as the Recording Secretary

All nominees are Active Members of the Frederick Health Auxiliary

## Frederick Health Auxiliary Executive Board Members

**President:** Harriet Brown

**1st VP:** Joe Collins

**2nd VP:** Ellen Noland

**Treasurer:** Sharen Neale

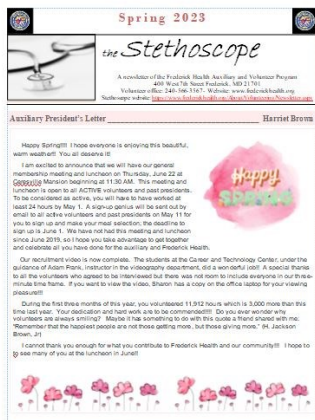
**Corresponding Secretary:** Jan McLoon

**Recording Secretary:** Peggy Rosenbluth

**Membership Secretary:** Kathy Soria



## Newsletter Staff - Spring 2023 Edition



**Chair:** Mary Beth Clark

**Editor & Graphics:** Hongwei Xu

**Proofreader:** Elizabeth Brady, Denise Zigler

**Other Contributors:** Harriet Brown, Joe Collins, Sharon Hannaby, Tom Kleinhanzl, Ellen Noland, Pam Schaffert, Kathy Soria, and Donna Tisdale

**Contact Us:** Volunteer Office at 240-566-3567

**Visit Us:** 400 W. 7th Street, Frederick, MD 21701

We appreciate your feedback, comments and questions.





Frederick Health Auxiliary  
400 West Seventh Street  
Frederick, MD 21701

## Important Announcement

You Are Invited!

### Volunteer Appreciation Picnic

Date: Thursday, May 18, 2023

Time: 5:00 PM

Location: Monocacy Village Park Pavilion

409 Delaware Road, Frederick, MD 21701

Food Provided: Fried Chicken, BBQ,  
Rolls & Beverage

Please bring your favorite dish to share with others.

[Sign Up by May 12th, 2023](#)



<https://www.frederickhealth.org/about/volunteering/>



<https://www.facebook.com/FrederickHealthAuxiliary>