



Frederick Health Home Care has provided comprehensive healthcare services to the community for more than 35 years, bringing you the same exceptional healthcare that is provided throughout Frederick Health. Our experienced and compassionate healthcare professionals work very closely with each patient, family, and/or caregiver and physician to create a plan of treatment designed to support their recovery and obtain an optimal level of function in the home.

Skilled Home Health Services

Our healthcare professionals provide intermittent skilled care, collaborating with the patient's physician to develop a plan of treatment specifically to meet the patient's health care needs. Regularly scheduled visits to the patient's home are planned by our health care team to ensure the delivery of care ordered by the patient's physician.

Skilled Services include:

- Nursing
- Physical Therapy
- Speech Therapy
- Occupational Therapy
- Social Workers
- Home Health Aides
- Wound Care

Therapeutic Programs include:

- CHF/COPD
- Medication Education
- Disease Management
- Telemonitoring
- Infusion Therapy
- Balanced in Motion
- Joint Works
- Cognitive Therapy

Our team will provide planning for transition of your care upon conclusion of our service.

605 East Church Street
Suite #2
Frederick, MD 21701

[FrederickHealth.org/HomeCare](https://www.FrederickHealth.org/HomeCare)

240-566-3568 or **1-800-704-3701**

240-566-3700 TDD

240-566-3984 Fax

240-566-3222 Intake

240-566-4907 Intake Fax

For more information or to request services, call our Intake specialist at **240-566-3222**. Our team will assist with verifying insurance benefits and coverage information prior to the initiation of services.

Frederick Health Home Care accepts Medicare (100% coverage by Part A Benefit), Medicaid, and most other insurances.

CMS Quality Rating 4 out of 5 Star Agency; State Licensed, Medicare Certified, and Joint Commission Accredited.

Medicare Guidelines for Home Healthcare

Medicare will pay for healthcare services provided in a patient's residence only if all of these conditions are met:

- Patient is eligible for Medicare benefits
- Patient needs intermittent skilled nursing or physical therapy or occupational therapy or speech therapy
- Patient must meet homebound criteria (see definition at right)
- Patient is under the care of a doctor who:
 1. *Determines the need for home care is medically necessary and medically reasonable*
 2. *Sets up and periodically reviews a home health plan of care*
- The home health agency serving the patient is approved for payment by the Medicare program

When in doubt about homebound status, call our intake staff and they will be able to assist you!

HOMEBOUND STATUS DEFINED

A homebound person is defined as one who requires considerable effort and assistance to leave home and needs care on an intermittent basis.

Patients may be considered homebound if absences from the home are:

- *Infrequent*
- *For periods of relatively short duration, or*
- *Attributable to the need to receive medical treatment including attendance at a psychosocial or medical day treatment program accredited, licensed or certified by the state*

Patients with a psychiatric disease or condition may be considered homebound even if their physical ability is unimpaired, when certain conditions are met.

Generally, a beneficiary will be considered to be homebound if he/she has a condition:

- *Due to an illness or injury which restricts the ability to leave home except with the aid of supportive devices (crutch, cane, wheelchair, walker), special transportation, or another person*
- *That is such that leaving his/her home is medically contraindicated*