





A Monthly Newsletter of the FMH Auxiliary and Volunteer Program 400 West 7th Street Frederick, MD 21701 Volunteer Office: 240-566-3567 - Website: www.fmh.org Stethoscope Website: http://www.fmh.org/About/Volunteering/Newsletter.aspx

WELCOME WELCOME

6 New Members

Robert Utt Norman Meltzer Mark Bello Eileen McGrath Sherry Mockabee Sara View



President's Message

Joseph Collins

What a wonderful and uplifting Auxiliary Anniversary Luncheon on September 11th that celebrated the 65th Anniversary of our great Auxiliary. It was a unique opportunity to pause and reflect on the many accomplishments and contributions made by the Auxiliary to the hospital. It was also an opportunity to recognize the 13 past presidents who attended the luncheon for their leadership talents that have helped the Auxiliary achieve its accomplishments. For those members of the hospital leadership team, hospital board of directors and auxiliary members it was truly a memorable experience.

Now that the 65th Anniversary celebration is behind us and fall has arrived with its promise of change we can turn our full attention on continuing to provide the highest quality of service and support to the patients and visitors of Frederick Memorial Hospital. If you haven't visited the new James M. Stockman Cancer Institute find a few minutes to stop by and take a look at this beautiful state-of-the-art facility that is now serving the Frederick community.

On October 24th at 6:30pm we will be recognizing our wonderful junior volunteers with the Presidential Award and hope that many of you will find time to recognize their volunteer efforts by attending the awards ceremony.

The remaining months of 2017 offer a wide variety of fund raising events including the Uniform Sale, \$6 Everything Sale, Mindy's Jewelry Sale, Books R Fun, Craft Bazaar and Phillips Jewelry Sale. We can always use a helping hand at these events and it's a wonderful opportunity to meet hospital staff and fellow volunteers for just a few hours of your time. Don't forget to visit the Gift Shop which is full of new gift items and our downtown Select Seconds Thrift Store for that find of a lifetime.

Thank you for making this the best hospital Auxiliary in Maryland.

Newsletter Committee2017Issue 08Editor & Co-Chairs: Jan McLoon/Jacob MoseleyCirculation Committee: Jacob Moseley, Beth Callahan, Karen Dotterer, Jean Kessinger,
Dorothy Kovatch , Brenda Myers, Hazel Settle

President's Letter

Dear Friends,

The crisp morning temperatures and changing colors on the trees are making it clear that autumn has officially begun. I hope you're able to enjoy the last few weeks of warm weather as another wonderful summer comes to a close.

I enjoyed seeing many of you at Dutch's Daughter for the FMH Auxiliary's 65th Anniversary luncheon. It's always great to get together and celebrate your long legacy of generosity to our community, and the valuable contributions you have made to the healthcare of our families, friends, and neighbors.

As many of you know, we recently had our triannual Joint Commission Accreditation Survey. The Surveyors could not say enough good things about our team. I felt a great deal of pride when they talked about how welcoming you were during their visit. Your friendly faces and hospitality play a big role in the success of this survey. Thank you for another job well done!

The start of autumn also means the start of flu season. You'll notice that flu stations have been placed at our entrances containing tissues, masks, and hand sanitizer to help keep our patients, visitors, and staff healthy. Another way to stay healthy during flu season is to get your annual flu vaccine. Our Employee Health team will be administering the flu vaccine between October 3 and October 27. Please remember that the flu vaccine is required to ensure that you stay healthy and protected from the flu.

As part of our mission to improve the health of our community, Frederick Regional Health System is once again a major sponsor at the Community Health Fair on October 28th. For the 10th year in a row our team will spend the day at the Frederick Fair Grounds providing flu shots, health screenings, and community resources to those in need. If you know someone who has limited access to healthcare, please tell them about this free event.

I'm sure many of you have seen the news reports about the multiple hurricanes affecting our southern states. A fundraising effort started in Medical Staff Office with a \$5,000 donation and quickly grew to \$19,000 as more staff, clinicians, volunteers, and other members of our team joined the fundraising effort. I am so proud of the response that our FRHS family had to these catastrophic events, and it is clear that your generous spirit carries on through our entire organization.

From the senior leadership team and myself, thank you for your efforts to support our mission of improving the health and well-being of the community we serve. You contributions of time, talent and fundraising are greatly appreciated.

Best regards,

Tom Kleinhanzl President & CEO Frederick Regional Health System

Director's Letter

News to share....

Have you had your flu vaccine yet? Dates and times the vaccine will be available will be posted in the volunteer office and at Select Seconds. If you work at an offsite facility, please check with the staff there for dates/times the vaccine will be offered at that location. If you had your vaccine at your pharmacy, doctor's office, etc. please bring us proof. <u>Please note this is for ACTIVELY working volunteers and does not apply to Auxiliary members who are not currently volunteering with us.</u>

The Joint Commission has recently completed their survey of the hospital. This inspection happens once every three years. The surveyors were very complementary of our staff and volunteers. Thank you for always being prepared.

Does your service area need some additional volunteers? Want to help with this? You are the best recruiters we have. The #1 reason people give for becoming a volunteer is very simple – someone asked them to help. This works best if it is one-on-one recruitment instead of posting/making an announcement to a group. Keep this in mind as you go through your daily life, talk about your volunteer work, and invite others to "Join Us".

Thanks for all you do - Always!!

100 HOURS 3.000 hours Trevella Foster Doris Gassaway Kathleen Milne Ruth Derosa **4,000 hours** Joyce Weddle **500 HOURS** Kenneth Lindsey **5,000 hours** Peggy Gaver **2,000 hours** Brenda Myers **14,000 hours** Herbert Currier Betty Kreh

Volunteer Award Hours

Service Awards

We had three volunteers to receive the Volunteer Service Awards. These are given to each volunteer that have worked a level of 4,000 hours. This year awards were given to Joyce Weddle of Wings Service, Bill Woodcock of Information and Clerical Services and Joseph Collins, Auxiliary President along with many additional duties. Please congratulate them when you see them.

Joann Ramsburg

Select Seconds Notes

This month's front window is "Black and White" themed. Items from the window will be available for sale to the public starting October 10th. Our next display will feature "Western" clothing, boots, and accessories.

We've been getting many donations from people downsizing their homes and wardrobes. Our volunteers are working very hard to get everything priced and out for sale. Please stop by to see what new items we have to offer.

Note: There will be an in-service meeting for Select Seconds volunteers on October 2nd at 9:30 a.m. at the shop to discuss impending changes and the way ahead.

<u>Gift Shop</u>

The Gift Shop is gearing up for fall, which means Football and Halloween. We have fall wreaths, Football gift baskets, Halloween decorations, and more. We have a range of tee shirts, purses and totes, and some old favorites from McCutcheon's. We carry gift boxes of Russel Stover candy. So stop by and see what's new. Thank you for all your support throughout the year.

The Gift Shop is currently closed the 1st, 3rd, and 5th Sundays, if you would like to work or know of any one contact Sharon Hannaby.

<u>R & A Committee</u>

The R&A committee met on August 17. We agreed to change the time of future meetings to 1:00 p.m. We will continue to meet on the Third Thursday of the month as needed. We are still looking for "a few good people" willing to join our committee.

If you have not yet paid for your seat for the Rocky Gap Casino trip on October 18, you need to do so immediately, or your seat may be reassigned. We cannot hold seats until they are paid for.

Congratulations to our September Volunteer of the month, Anthony Paolini who works for Wings 2 or 3 days a week. Anthony joined the Auxiliary in 2013 and has already worked for nearly 2200 hours! Thank you, Anthony, for being a real asset to the FMHA!



Save the date for the next Lunch Bunch luncheon which will be held on Wednesday, November 8 at 11:30 am at the Main Cup in Middletown. Sign-up Sheets will be posted in October.

We will be recruiting for volunteers at the Older Adult Volunteer Fair on September 22 held at the Senior Center on Taney Avenue, the Elder Expo on October 4 held at the Frederick Fairgrounds, and the meeting of the Retired Frederick County School Personnel meeting on October 17.

Our next meeting will be held Thursday, September 21 in the cafeteria. All are invited.

Sharll Hane

Pat Dickinson

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AUXILIARY DUES



Thank you to everyone who paid their annual \$10 dues on time! Unfortunately, we still have a very few people who have not yet submitted their payment. If you are one of the **active volunteers or inactive** (not currently working hours but still paying dues, getting newsletters and updates), who haven't yet paid; and received an email or phone call reminder from me in mid-August; this is your final reminder in accordance with our bylaws, as the deadline was October 1st. This excludes Lifetime volunteers.

If you still owe dues, or are having a problem, please contact Sharon via email: <u>SNeale-FMHA@comcast.net</u> or see Sharon Hannaby in the Volunteer Office.

You may drop off or mail your \$10 dues to the office address below (do not send CASH). Please include your name and current contact information within the next week—we don't want anyone losing their hard earned hours!

Address: FMH Volunteer Office, 400 W. 7th Street, Frederick, Md. 21701 - Attention: Sharen Neale

Thank you for your continued support!

Hour-by-Hour

Volunteer hours worked for the month of August 2017 were:

- ✤ 72 Juniors worked 749.25 hours
- ✤ 42 College students worked 433.50 hours
- ✤ 320 Seniors worked 6,604.25 hours

Total hours worked in August were 7,787.00.

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Hours Committee





NOTICE

SPECIAL GENERAL MEMBERSHIP MEETING

WHEN – TUESDAY NOVEMBER 21st

TIME – 9:30 am

PLACE – AUXILIARY CONFERENCE ROOM

PURPOSE – Only to

"Approve Changes to Auxiliary By-Laws"

This will be the only item discussed at this special meeting!

A copy of the By-Laws with the proposed changes will be forwarded under separate

cover for your review.



Select Seconds – Betty Kreh

The Select Seconds profit for August was \$8,888.23.

Gift Shop – Sharll Hane

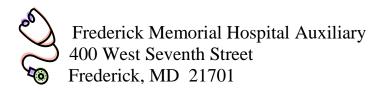
Gift Shop profit for August was \$\$4,697.40.

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The RSVP Program

For those 55 years and up, here is an opportunity to have your volunteer hours counted as participation in the Retired and Volunteer Senior Program of Frederick County (RSVP). RSVP is a program that connects adults over age 55 with volunteer opportunities in their community. As an RSVP member, you would receive supplemental accident and liability insurance for your time as a volunteer, additional recognition of your service at FMH through the RSVP program, and would be connected to a network of other volunteers. For more information about RSVP, see their website at: http://aacfmd.org/programs/rsvp/

If you have questions or are interested in joining RSVP, please email: rsvp@aacfmd.org



Non-Profit Organization **U.S. Postage Paid** Frederick, MD. 21701 Permit No. 6

CURRENT RESIDENT OR:



Uniform Sale Auxiliary to Rocky Gap \$6 Sale Auxiliary Craft Sale Silver Jewelry Sale Fudgie Wudgie Books R Fun October 10 & 11 October 18 October 24 & 26 November 15 December 5 December 13 & 14 December 18,19, & 20